



6 ways you can
Be An Ally
to end hate & **STOP**
Transphobia

1 LISTEN TO HOW we define ourselves. 

SHOW YOUR SOLIDARITY BY referring to us by the name, gender and pronouns we chose.

2 Curb Your CURIOSITY. 
DON'T ASK QUESTIONS about our bodies, medical history or sex lives.

3 CHECK YOUR assumptions. 

 Transwomen are women, transmen are men.

Some people prefer to not identify with any gender and that's okay too!

4 Support our SAFETY. Yes, we need **safe access** to bathrooms and change rooms.

Trans people also need safety from HARASSMENT AND VIOLENCE

Speak up to stop subtle and blatant transphobia. Our lives depend on it.

5 Stick Your NECK OUT. 

Ensure your workplace and your community are safe and inclusive places FOR ALL PEOPLE (trans or not).

6 DON'T GIVE UP if you get it wrong sometimes.

An ally is someone who has the courage to apologize and keep learning and working to make things better.



Unifor recognizes November 20 as the Transgender Day of Remembrance. Today and every day you can make a difference and be an ally.

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